



# abbaCare

Independence • Hope • Laughter

## Supported Independent Living

Find your new home



### Easy Read

This book is written in a way to read easily using pictures to explain ideas.



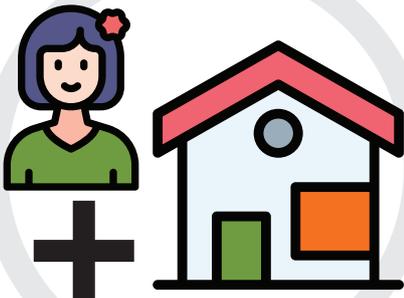
When we say **we** or **our** we mean abbaCare



This book tells you about our **Supported Independent Living** or **SIL**.



SIL is a NDIS support



With SIL we support you to live in your own home



You might live with other people with a disability



Our homes have staff who can support you to...



do the things you want to do

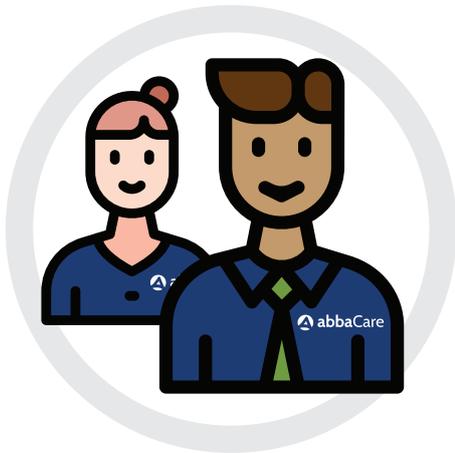


and get out into the community



and be more **independent**

**Independent**  
means that you can do  
things on your own or  
with less help



**Staff** are people who work  
for  **abbaCare** and we can  
help you find a home in  
one of our...



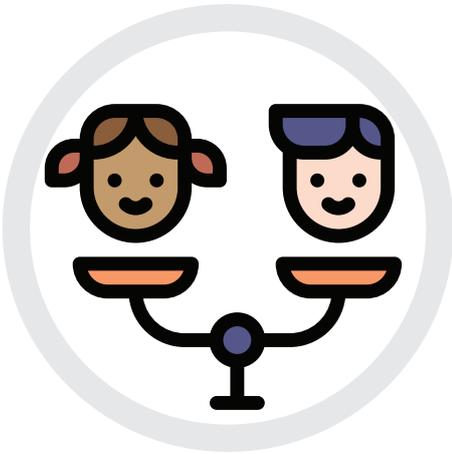
houses



or apartments or villas



Our homes are comfortable and safe



It is important that you get along with the people you live with



Tell us what you **like**

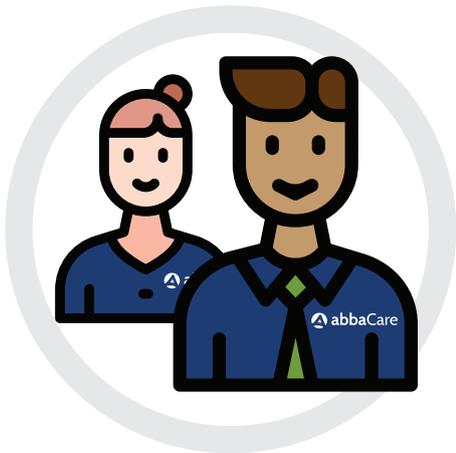


and **do not like** in a **housemate**.

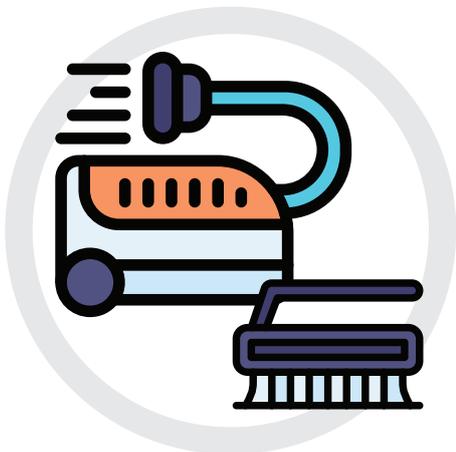




We will try to match you with people you will get along with



Our staff will support you with daily tasks like...



cleaning



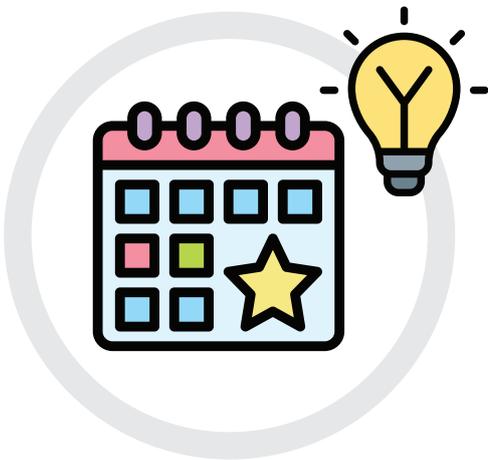
and laundry



and cooking



and personal care



and going to appointments



They can help you learn new hobbies and skills



You can choose what you want to do each day.



You will have a say in what happens in your house.



If you live with other people you will choose what happens in your house together.



If you want to live in  **abbaCare** accommodation you can visit our website. It has a list of our houses.



# abbaCare

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For more information on  
abbaCare and our SIL



**Visit our website**

[www.abbacare.com.au](http://www.abbacare.com.au)



**Phone us on**

(07) 4430 9300 in Townsville  
and

(07) 4031 9651 in Cairns



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